

Bicycle Safety

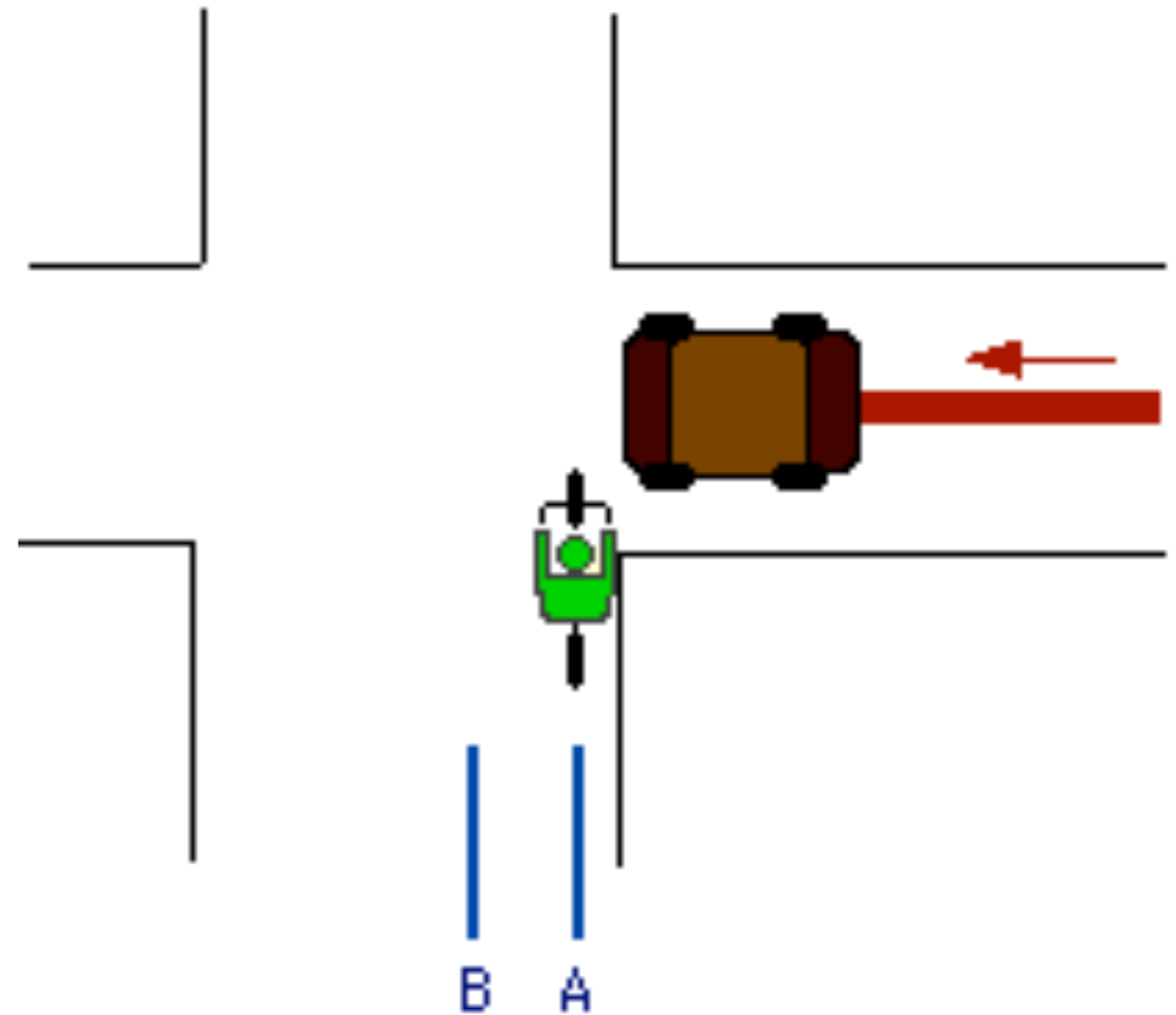
- Ride in the same direction as vehicular traffic.
- Allowed by law to move left under any of the following conditions:
 - To make a left turn from a left turn lane or pocket
 - To avoid debris, drains, or other hazardous conditions on the right
 - To pass a slower moving vehicle
 - To occupy any available lane when traveling at the same speed as other traffic
 - To travel no more than two abreast when traffic is not impeded, but otherwise ride in single file.
- Also better to move left when:
 - Cars are passing too closely due to narrow roadway
 - Heavy traffic area with lots of side streets, parking lots, or driveways ahead and to your right
 - Cars are parked on the right-hand side of the road.

Helmets

- Helmet must be properly fastened and fitted.
- Look for Standards:
 - Consumer Product Safety Commission (CPSC) effective March 10, 1999
 - Snell Memorial Foundation's 1990 Standard for Protection Headgear
 - More expensive helmets provide better ventilation, same protection
- Helmets are good for one collision, inspect frequently for cracks or damage

Right Cross

- Try to make eye contact
- Make yourself visible, where brightly colored clothing. Be aware of your surroundings
- Ride further to the left (line B) to allow way out



Right Hook

- Don't ride on the sidewalk
- Ride further to the left, makes it harder for driver to cut you off
- Stay out of the drivers blindspot if possible, look at his mirrors

